

# Plano Pacers Bead Bash 5K, 15K, & Jr. Sprint

at Bob Woodruff Park, Plano, TX

Saturday February 26, 2022

## 5K TOP FINISHERS

MEN		WOMEN			
1	Meng Zhao	17:17	1	Abigail Bray	20:40
2	Gustavo Aguirre	17:56	2	Sibley Garner	21:47
3	Matthew Parks	17:59	3	Kherington Glover	23:40
4	Jim Dietz	18:01	4	Cassandra Eipper	24:39
5	Simone Vellani	18:33	5	Elly Alavi	24:42
6	David Saukam	18:55	6	Rie Morgen	25:56
7	Shihui Mang	19:01	7	Andreea Nguyen	27:56
8	Derk Wadas	19:03	8	Erin Glover	28:25
9	Mani Alavi	19:46	9	Heather Zeiger	29:08
10	Kevin Glover	21:02	10	Tanishi Sagar	29:55
Overall:	Meng Zhao	17:17	Overall:	Abigail Bray	20:40
Master:	Jim Dietz	18:01	Master:	Rie Morgen	25:56
Senior:	Ron Wahlquist	22:19	Senior:	Debbie Brewer	29:59
9-un:	Peter Matheney	31:09	9-un:	Eleanor Matheney	31:05
10-14:	Kevin Glover	21:02	10-14:	Kherington Glover	23:40
	Brendon Lin	22:02		Tanishi Sagar	29:55
	Joshua Wales	30:48			
15-19:	Matthew Parks	17:59	15-19:	Sibley Garner	21:47
	Simone Vellani	18:33			
			20-24:	Sophie Druffner	37:40
25-29:	Gustavo Aguirre	17:56			
30-34:	Charles James	22:04	30-34:	Cassandra Eipper	24:39
	Taisong He	22:17		Brenda Lopez	31:51
	Max Morgen	22:59		Melissa Hayes	38:33
			35-39:	Elly Alavi	24:42
				Erin Glover	28:25
				Deepika Sivakumar	42:03
40-44:	Mani Alavi	19:46	40-44:	Andreea Nguyen	27:56
	Senthilkumar Krishnan	31:10		Heather Zeiger	29:08
	Anant Sagar	40:01		Robyn Bray	29:58
45-49:	David Saukam	18:55	45-49:	Sui Ruan	38:26
	Hernan Peniche	27:40		Lu Shen	38:35
50-54:	Shihui Mang	19:01			
	Derk Wadas	19:03			
	Guillermo Toral	21:26			
55-59:	Song Wu	27:53	55-59:	Enxi Huang	34:28
				Gina Hethcock	44:31
60-64:	James Drumm	26:12	60-64:	Adelisa Grace Walker	39:38
	Andy Beach	30:49			

65-69:	Cary Sherf	24:19		
	Sigi Diaz	27:25		
	Thomas Conlon	29:49		
70-74:	John Nance	27:34		
	Alfred Wilkinson	36:25		
80-ov:	James Thruston	41:14		
Clydes:	Ted Roberts	27:32	Athena:	Elizabeth George
	John Kramer	46:32		34:49

15K TOP FINISHERS

MEN			WOMEN		
1	Jose Lopez	56:57	1	Andrea Hudson Baldwin	1:14:37
2	Francisco Adame	57:15	2	Nancy Nguyen	1:19:12
3	Jose Ramirez	57:50	3	Rachel Grabow	1:21:15
4	Felix Gonzalez	57:54	4	Yunxia Cai	1:22:39
5	Carlos Parra Carrasquer	59:41	5	Wen You	1:28:16
6	Michael Held	1:03:16	6	Renee Mitchell	1:28:28
7	Jason Bogardus	1:03:50	7	Xiaoge She	1:28:58
8	William Moore	1:03:59	8	Jie Wang	1:29:54
9	Daniele Vellani	1:08:47	9	Shannon Kearns	1:33:48
10	Stephen Russo	1:09:18	10	Gowa Borzigin	1:38:48
Overall:	Jose Lopez	56:57	Overall:	Andrea Hudson Baldwin	1:14:37
Master:	Francisco Adame	57:15	Master:	Nancy Nguyen	1:19:12
Senior:	Michael Held	1:03:16	Senior:	Renee Mitchell	1:28:28
35-39:	Carlos Parra Carrasquer	59:41	35-39:	Rachel Grabow	1:21:15
	Kathiravan Balu	1:27:57			
40-44:	Felix Gonzalez	57:54			
	Jason Bogardus	1:03:50			
45-49:	Chad Kaneshige	1:13:37	45-49:	Jie Wang	1:29:54
	Rick Nguyen	1:17:57		Shannon Kearns	1:33:48
	O'Neal Barnett	1:18:12			
50-54:	Jose Ramirez	57:50	50-54:	Yunxia Cai	1:22:39
	Daniele Vellani	1:08:47		Wen You	1:28:16
	Yang Meng	1:22:39			
55-59:	Stephen Russo	1:09:18	55-59:	Xiaoge She	1:28:58
	John Cosentino	1:10:26		Gowa Borzigin	1:38:48
	Lixiang Chen	1:17:02		Tina Jasper	1:47:20
60-64:	William Moore	1:03:59			
	Jim Brown	1:11:32			
70-74:	Michael Zinn	1:40:35			

JR. SPRINT (0.6213 mi) TOP FINISHERS

BOYS 0-6			GIRLS 0-6		
			1	Joy Johnson	5:25
			2	Bobbi Hendricks	6:03
BOYS 7-9			GIRLS 7-9		
1	Teddy Hendricks	4:27	1	Ruby Lopez	4:53
			2	Jocelyn Johnson	5:14

BOYS 10-12  
1 Kevin Glover

4:07

GIRLS 10-12  
1 Kherington Glover  
2 Vera Jackson

4:24  
4:28

Plano Pacers 5K Results---Saturday, February 26, 2022

		FinTime	Pace	5Keq	Score	
1.	<a href="#">Meng Zhao</a>	47 m	17:17	05:34	17.3	94.1
2.	<a href="#">Gustavo Aguirre</a>	29 m	17:56	05:46	17.9	83.9
3.	<a href="#">Matthew Parks</a>	18 m	17:59	05:47	18.0	86.3
4.	<a href="#">Jim Dietz</a>	61 m	18:01	05:48	18.0	100.9
5.	<a href="#">Simone Vellani</a>	17 m	18:33	05:58	18.5	84.6
6.	<a href="#">David Saukam</a>	47 m	18:55	06:05	18.9	86.0
7.	<a href="#">Shihui Mang</a>	52 m	19:01	06:07	19.0	88.6
8.	<a href="#">Derk Wadas</a>	50 m	19:03	06:08	19.0	87.1
9.	<a href="#">Mani Alavi</a>	43 m	19:46	06:22	19.8	80.4
10.	<a href="#">Abigail Bray</a>	15 f	20:40	06:39	20.7	88.6
11.	<a href="#">Kevin Glover</a>	10 m	21:02	06:46	21.0	87.7
12.	<a href="#">Guillermo Toral</a>	50 m	21:26	06:54	21.4	77.5
13.	<a href="#">sibley garner</a>	15 f	21:47	07:01	21.8	84.1
14.	<a href="#">Brendon Lin</a>	13 m	22:02	07:06	22.0	76.4
15.	<a href="#">Charles James</a>	32 m	22:04	07:06	22.1	68.6
16.	<a href="#">TAISONG HE</a>	30 m	22:17	07:10	22.3	67.6
17.	<a href="#">Ron Wahlquist</a>	64 m	22:19	07:11	22.3	83.9
18.	<a href="#">Max Morgen</a>	32 m	22:59	07:24	23.0	65.9
19.	<a href="#">Kherington Glover</a>	12 f	23:40	07:37	23.7	82.8
20.	<a href="#">Cristobal Garcia</a>	34 m	23:47	07:39	23.8	64.1
21.	<a href="#">Cary Sherf</a>	69 m	24:19	07:50	24.3	81.3
22.	<a href="#">Cassandra Eipper</a>	33 f	24:39	07:56	24.6	69.8
23.	<a href="#">Elly Alavi</a>	36 f	24:42	07:57	24.7	70.4
24.	<a href="#">Rie Morgen</a>	41 f	25:56	08:21	25.9	68.7
25.	<a href="#">James Drumm</a>	63 m	26:12	08:26	26.2	70.7
26.	<a href="#">Sigi Diaz</a>	67 m	27:25	08:49	27.4	70.5
27.	<a href="#">Ted Roberts</a>	62 m	27:32	08:52	27.5	66.6
28.	<a href="#">John Nance</a>	73 m	27:34	08:52	27.6	75.2
29.	<a href="#">Hernan Peniche</a>	47 m	27:40	08:54	27.7	58.8
30.	<a href="#">Song Wu</a>	56 m	27:53	08:58	27.9	62.3
31.	<a href="#">Andreea Nguyen</a>	42 f	27:56	08:59	27.9	64.1
32.	<a href="#">Erin Glover</a>	37 f	28:25	09:09	28.4	61.5
33.	<a href="#">Heather Zeiger</a>	41 f	29:08	09:23	29.1	61.1
34.	<a href="#">Thomas Conlon</a>	69 m	29:49	09:36	29.8	66.3
35.	<a href="#">Tanishi Sagar</a>	12 f	29:55	09:38	29.9	65.5
36.	<a href="#">Robyn Bray</a>	41 f	29:58	09:39	30.0	59.4
37.	<a href="#">Debbie Brewer</a>	62 f	29:59	09:39	30.0	69.3
38.	<a href="#">Joshua Wales</a>	10 m	30:48	09:55	30.8	59.9
39.	<a href="#">Andy Beach</a>	64 m	30:49	09:55	30.8	60.7
40.	<a href="#">Joshua Matheney</a>	32 m	31:05	10:00	31.1	48.7
41.	<a href="#">Eleanor Matheney</a>	8 f	31:05	10:00	31.1	73.3
42.	<a href="#">Peter Matheney</a>	7 m	31:09	10:02	31.1	67.9
43.	<a href="#">Senthilkumar Krishnan</a>	44 m	31:10	10:02	31.2	51.3
44.	<a href="#">Brenda Lopez</a>	31 f	31:51	10:15	31.8	53.7
45.	<a href="#">Sarah Wales</a>	41 f	34:12	11:00	34.2	52.1
46.	<a href="#">Enxi Huang</a>	57 f	34:28	11:06	34.5	57.6
47.	<a href="#">Elizabeth George</a>	33 f	34:49	11:12	34.8	49.4
48.	<a href="#">Alfred WILKINSON</a>	73 m	36:25	11:43	36.4	56.9
49.	<a href="#">Ken Ashby</a>	69 m	36:52	11:52	36.9	53.6
50.	<a href="#">Sophie Druffner</a>	24 f	37:40	12:07	37.7	45.2
51.	<a href="#">Sui Ruan</a>	48 f	38:26	12:22	38.4	48.3
52.	<a href="#">Melissa Hayes</a>	33 f	38:33	12:24	38.5	44.6
53.	<a href="#">Lu Shen</a>	49 f	38:35	12:25	38.6	48.4
54.	<a href="#">adelisa grace walker</a>	61 f	39:38	12:45	39.6	52.0
55.	<a href="#">Anant Sagar</a>	41 m	40:01	12:53	40.0	39.3
56.	<a href="#">James Thruston</a>	84 m	41:14	13:16	41.2	58.8

57.	<a href="#">Deepika Sivakumar</a>	35 f	42:03	13:32	42.0	41.2
58.	<a href="#">Gina Hethcock</a>	57 f	44:31	14:20	44.5	44.6
59.	<a href="#">John Kramer</a>	60 m	46:32	14:59	46.5	38.7

**Plano Pacers 15K Results---Saturday, February 26, 2022**

			<b>FinTime</b>	<b>Pace</b>	<b>5Keq</b>	<b>Score</b>
1.	<a href="#">Jose Lopez</a>	36 m	0:56:57	06:07	17.6	87.4
2.	<a href="#">Francisco Adame</a>	48 m	0:57:15	06:09	17.7	92.7
3.	<a href="#">Jose Ramirez</a>	52 m	0:57:50	06:12	17.8	94.4
4.	<a href="#">Felix Gonzalez</a>	43 m	0:57:54	06:13	17.9	88.9
5.	<a href="#">Carlos Parra Carrasquer</a>	36 m	0:59:41	06:24	18.4	83.4
6.	<a href="#">Michael Held</a>	56 m	1:03:16	06:47	19.5	89.0
7.	<a href="#">Jason Bogardus</a>	44 m	1:03:50	06:51	19.7	81.1
8.	<a href="#">William Moore</a>	60 m	1:03:59	06:52	19.7	91.2
9.	<a href="#">Daniele Vellani</a>	52 m	1:08:47	07:23	21.2	79.4
10.	<a href="#">Stephen Russo</a>	58 m	1:09:18	07:26	21.4	82.7
11.	<a href="#">John Cosentino</a>	59 m	1:10:26	07:33	21.7	82.1
12.	<a href="#">Jim Brown</a>	62 m	1:11:32	07:40	22.1	83.1
13.	<a href="#">Chad Kaneshige</a>	46 m	1:13:37	07:54	22.7	71.2
14.	<a href="#">Andrea Hudson Baldwin</a>	62 f	1:14:37	08:00	23.0	90.3
15.	<a href="#">Lixiang Chen</a>	56 m	1:17:02	08:16	23.8	73.1
16.	<a href="#">Rick Nguyen</a>	49 m	1:17:57	08:22	24.0	68.6
17.	<a href="#">O'neal Barnett</a>	47 m	1:18:12	08:23	24.1	67.4
18.	<a href="#">Nancy Nguyen</a>	46 f	1:19:12	08:30	24.4	75.0
19.	<a href="#">Pingshan Wen</a>	55 m	1:19:39	08:33	24.6	70.2
20.	<a href="#">Rachel Grabow</a>	38 f	1:21:15	08:43	25.1	70.0
21.	<a href="#">Yang Meng</a>	53 m	1:22:39	08:52	25.5	66.6
22.	<a href="#">Yunxia Cai</a>	52 f	1:22:39	08:52	25.5	74.9
23.	<a href="#">Kathiravan Balu</a>	39 m	1:27:57	09:26	27.1	57.3
24.	<a href="#">Wen You</a>	52 f	1:28:16	09:28	27.2	70.1
25.	<a href="#">Renee Mitchell</a>	57 f	1:28:28	09:29	27.3	72.8
26.	<a href="#">Xiaoge She</a>	59 f	1:28:58	09:33	27.4	73.7
27.	<a href="#">Jie Wang</a>	47 f	1:29:54	09:39	27.7	66.5
28.	<a href="#">Shannon Kearns</a>	46 f	1:33:48	10:04	28.9	63.3
29.	<a href="#">Gowa Borzigin</a>	56 f	1:38:48	10:36	30.5	64.6
30.	<a href="#">Michael Zinn</a>	74 m	1:40:35	10:47	31.0	67.7
31.	<a href="#">Tina Jasper</a>	58 f	1:47:20	11:31	33.1	60.5

**Plano Pacers Jr. Sprint (0.6213 miles) Results---Saturday, February 26, 2022**

			<b>FinTime</b>	<b>Pace</b>	<b>5Keq</b>	<b>Score</b>
1.	<a href="#">Kevin Glover</a>	10 m	04:07	06:38	24.3	75.9
2.	<a href="#">Kherington Glover</a>	12 f	04:24	07:05	26.0	75.4
3.	<a href="#">Teddy Hendricks</a>	8 m	04:27	07:10	26.3	76.4
4.	<a href="#">Vera Jackson</a>	10 f	04:28	07:11	26.4	79.2
5.	<a href="#">Ruby Lopez</a>	7 f	04:53	07:52	28.9	83.1
6.	<a href="#">Jocelyn Johnson</a>	8 f	05:14	08:25	30.9	73.6
7.	<a href="#">Joy Johnson</a>	5 f	05:25	08:43	32.0	84.5
8.	<a href="#">Bobbi Hendricks</a>	6 f	06:03	09:44	35.8	71.0

New Records:

Jim Dietz, 5K Male 60-64, 18:01 (previous record: Bill Shaw, 18:46, 02/03)

LEGEND

Left-to-right: finish place, name, hometown, age, sex, member?  
 FinTime is the official individual finish time in (h:)mm:ss format.  
 Pace is the calculated average pace per mile in mm:ss format.  
 5Keq is the equivalent 5K finish time in minutes and tenths.  
 Score is a performance grade with factors for age and sex.

KEY TO AGE-GRADED PERFORMANCE SCORES

100 +	national competitor
90-99	regional competitor
80-89	local competitor
70-79	above average
60-69	near average
50-59	below average
40-49	novice runner
30-39	fitness walker

Kids K Volunteers

Scott Jackson  
Debbie Brewer  
Erin Glover  
Ron Wahlquist