

Plano Pacers Hall Of Fame 3K, 8K, & Jr. Sprint

at Windhaven Meadows Park, Plano, TX
Saturday April 26, 2025

3K TOP FINISHERS

MEN		WOMEN		
1	Jim Dietz	10:21	1 Kisha Littrell	12:21
2	Paul Barker	11:10	2 Robin Strack	13:01
3	Wanlin Chen	11:30	3 Andrea Hudson Baldwin	14:34
4	Ayden Ijaz	11:54	4 Alexandria Cornell	14:44
5	Alex Fruscella	12:08	5 Yumi Akao	14:55
6	Jason Bogardus	12:13	6 Sabrina Shi	15:08
7	Johnny Chen	12:20	7 Joti Lange	16:05
8	John Cosentino	12:21	8 Angela Smith	16:08
9	Lalo Bautista	12:23	9 Dana Giep	16:31
10	Jie Han	12:33	10 Terry Gonzalez	16:42
Overall: Jim Dietz		10:21	Overall: Kisha Littrell	12:21
Master: Paul Barker		11:10	Master: Robin Strack	13:01
Senior: Johnny Chen		12:20	Senior: Andrea Hudson Baldwin	14:34
9-un: Joel Shulman		14:32		
	Griffin Smith	15:57		
	Finn Whitten	18:34		
10-14: Ayden Ijaz		11:54		
	Robert Cui	13:41		
	Juan Rodriguez	14:29		
15-19: Kevin Qu		13:41		
	Nathan Tang	21:11		
20-24: Nicholas Alexander		34:39	20-24: Michelle Min	20:46
			Dianella Rodriguez	25:39
25-29: Alex Fruscella		12:08	25-29: Tiffany Tang	24:26
30-34: Mohammed Samod		13:41	30-34: Alexandria Cornell	14:44
	Ka Lau	16:12	Angela Smith	16:08
			Alycia Braithwaite	17:00
35-39: Eric Braithwaite		14:54	35-39: Aja Anderson	19:56
	Dan Shulman	14:59	Julie Bilyeu	30:40
	William Bilyeu	20:22		
40-44: Lalo Bautista		12:23	40-44: Joti Lange	16:05
	David Zeiger	15:02		
45-49: Jason Bogardus		12:13	45-49: Dana Giep	16:31
	Julian Rodriguez	14:28	Trudy Xu	17:38
	Ryan Lange	14:47	Melissa Kekuna	19:27
50-54: Wanlin Chen		11:30	50-54: Yumi Akao	14:55
	Jie Han	12:33	Sabrina Shi	15:08
	Luis Talavera	13:51	Velmaris Rodriguez	28:32
55-59: Peter Spina		17:24	55-59: Elise Harper	22:33
	Scott Orton	18:34	Heidi Orton	33:34

60-64:	John Cosentino Vijayan Nair James Royal	12:21 13:30 13:45	60-64:	Emily Liu	22:39
65-69:	Jon M Johnson James Dunn William Binns	17:53 18:20 21:54	65-69:	Debbie Brewer	19:45
70-74:	Erasmus Rojas Michael Picard Fred Schwall	17:56 22:03 22:19	70-74:	Terry Gonzalez Sharon Hirsch	16:42 20:20
			75-79:	Janet Collins	30:52
80-84:	Alan Davis James Gabhart	22:59 32:14	80-84:	Andi Miner Nancy Cole	28:08 42:03

8K TOP FINISHERS

MEN			WOMEN		
1	Francisco Adame	30:38	1	Maria Cruz	36:31
2	Samuel Yang	32:05	2	Xiaolu Cui	39:06
3	Ronny Lefebvre	32:09	3	Clayre Turner	39:29
4	Guillermo Toral	32:29	4	Shelby Olsen	41:10
5	Jeff Fahrenholz	32:46	5	Katie Krause	42:26
6	Peter Yun	32:50	6	Wen You	42:55
7	David Lopez	33:09	7	Leslie Du Mars	44:00
8	Greg Rankin	33:17	8	Renee Spratlen	45:22
9	Konner Hartman	35:21	9	Rachel Grabow	46:15
10	Jose Cruz	35:55	10	Charlene Johnson	46:19
Overall:	Francisco Adame	30:38	Overall:	Maria Cruz	36:31
Master:	Ronny Lefebvre	32:09	Master:	Xiaolu Cui	39:06
Senior:	Greg Rankin	33:17	Senior:	Wen You	42:55
10-14:	Jack Zhou Fucheng Bi	42:28 48:23			
15-19:	Karter Kekuna	36:58			
20-24:	Kyle Rubens William Liu	46:46 52:59	20-24:	Abby Johnson Sachi Nayak	54:27 1:02:13
25-29:	Trevor Olsen	41:03	25-29:	Shelby Olsen	41:10
30-34:	Samuel Yang Konner Hartman Richard Bennett	32:05 35:21 36:49	30-34:	Katie Krause Alicia Saueressig	42:26 54:59
35-39:	David Lopez Serge Reshetnikov Seth Randall	33:09 39:51 44:31	35-39:	Michelle Black Hannah Lyons Aleigh Lopez	46:32 49:00 51:41
40-44:	Jeff Fahrenholz Peter Yun Andy Li	32:46 32:50 38:19	40-44:	Clayre Turner Rachel Grabow Heather Zeiger	39:29 46:15 52:07
45-49:	Luoyi Zhang Ryan Cuzzo	41:47 45:40	45-49:	Laura Poskozim Chudy	59:40

50-54:	Guillermo Toral	32:29	50-54:	Charlene Johnson	46:19
	Yonghua Liu	40:54		Lindy Hardin	59:00
	Jerry Snead	45:30		Sui Ruan	1:12:59
55-59:	Jose Cruz	35:55	55-59:	Leslie Du Mars	44:00
	Nick Polito	36:40		Debbie Riedner	46:35
	Yong Wang	36:49		Tonya Holt	1:18:11
60-64:	Kenneth Posner	39:54	60-64:	Renee Spratlen	45:22
	Jeff Smith	47:57		Frances McKissick	46:53
	Doug Waters	50:56		Audrey Stansbury	54:45
65-69:	Ron Wahlquist	38:55			
	Jim Brown	40:20			
	Jim Cavanaugh	42:26			
70-74:	Cary Sherf	43:36	70-74:	Linda Kelly	46:31
	Bruce Brandeland	51:42		Debye Humphrey	1:12:01
75-79:	J. A. Brown	49:45			
	Bruce Johnson	57:44			
80-84:	Wally Capps	1:05:45			

JR. SPRINT (0.6213 mi) TOP FINISHERS

BOYS 0-6		GIRLS 0-6		
1	Atticus Smith	7:14	1 Ruah Shulman	5:20
2	Owen Bilyeu	2:09	2 Eva Shulman	5:30
BOYS 7-9		GIRLS 7-9		
1	Joel Shulman	4:12	1 Ana Nguyen	5:08
2	Griffin Smith	4:24		
BOYS 10-12		GIRLS 10-12		
1	Alec Bass	4:37		
2	Arthur LaPointe	4:43		

Plano Pacers 3K Results---Saturday, April 26, 2025

		FinTime	Pace	5Keq	Score	
1.	Jim Dietz	65 m	10:21	5:33	17.9	105.7
2.	Paul Barker	55 m	11:10	5:59	19.3	89.4
3.	Wanlin Chen	51 m	11:30	6:10	19.9	84.2
4.	Ayden Ijaz	14 m	11:54	6:23	20.6	80.1
5.	Alex Fruscella	25 m	12:08	6:31	21.0	71.6
6.	Jason Bogardus	47 m	12:13	6:33	21.1	77.1
7.	Johnny Chen	56 m	12:20	6:37	21.3	81.6
8.	John Cosentino	62 m	12:21	6:38	21.3	86.0
9.	Kisha Littrell	45 f	12:21	6:38	21.3	85.4
10.	Lalo Bautista	43 m	12:23	6:39	21.4	74.2
11.	Jie Han	52 m	12:33	6:44	21.7	77.7
12.	Robin Strack	44 f	13:01	6:59	22.5	80.5
13.	Vijayan Nair	62 m	13:30	7:15	23.3	78.7
14.	Mohammed Samod	31 m	13:41	7:20	23.6	63.9
15.	Robert Cui	13 m	13:41	7:20	23.6	71.2
16.	Kevin Qu	17 m	13:41	7:20	23.6	66.4
17.	James Royal	62 m	13:45	7:23	23.8	77.2
18.	Luis Talavera	54 m	13:51	7:26	23.9	71.5
19.	Dale Brookner	54 m	14:15	7:39	24.6	69.5
20.	Sam Chen	52 m	14:19	7:41	24.7	68.1
21.	Julian Rodriguez	47 m	14:28	7:46	25.0	65.1
22.	Juan Rodriguez	10 m	14:29	7:46	25.0	73.7

23.	Joel Shulman	8 m	14:32	7:48	25.1	80.0
24.	Andrea Hudson Baldwin	65 f	14:34	7:49	25.2	85.2
25.	Krawford Kekuna	12 m	14:38	7:51	25.3	68.4
26.	Alexandria Cornell	32 f	14:44	7:54	25.5	67.4
27.	Ryan Lange	46 m	14:47	7:56	25.5	63.3
28.	Eric Braithwaite	37 m	14:54	8:00	25.7	59.9
29.	Yumi Akao	54 f	14:55	8:00	25.8	75.2
30.	Dan Shulman	37 m	14:59	8:02	25.9	59.6
31.	David Zeiger	43 m	15:02	8:04	26.0	61.2
32.	Sabrina Shi	53 f	15:08	8:07	26.1	73.6
33.	Tony Tang	64 m	15:12	8:09	26.3	71.3
34.	Alec Bass	11 m	15:30	8:19	26.8	66.5
35.	Pierre Lapointe	48 m	15:38	8:23	27.0	60.6
36.	Arthur Lapointe	10 m	15:50	8:30	27.4	67.5
37.	Griffin Smith	8 m	15:57	8:33	27.6	72.9
38.	Joti Lange	40 f	16:05	8:38	27.8	63.8
39.	Angela Smith	34 f	16:08	8:39	27.9	62.0
40.	Ka Lau	34 m	16:12	8:41	28.0	54.4
41.	Michael Giep	10 m	16:28	8:50	28.4	64.9
42.	Dana Giep	45 f	16:31	8:52	28.5	63.8
43.	Terry Gonzalez	70 f	16:42	8:58	28.9	78.5
44.	Alycia Braithwaite	34 f	17:00	9:07	29.4	58.8
45.	Peter Spina	58 m	17:24	9:20	30.1	58.8
46.	Trudy Xu	48 f	17:38	9:28	30.5	60.9
47.	Jon M Johnson	67 m	17:53	9:36	30.9	62.5
48.	Erasmio Rojas	73 m	17:56	9:37	31.0	66.9
49.	Kristopher Kekuna	52 m	18:06	9:43	31.3	53.9
50.	James Dunn	67 m	18:20	9:50	31.7	61.0
51.	Scott Orton	58 m	18:34	9:58	32.1	55.1
52.	Finn Whitten	9 m	18:34	9:58	32.1	59.9
53.	Sarah Crystal	34 f	18:46	10:04	32.4	53.3
54.	Melissa Kekuna	45 f	19:27	10:26	33.6	54.2
55.	Hannah Lyons	30 f	19:38	10:32	33.9	50.3
56.	Debbie Brewer	65 f	19:45	10:36	34.1	62.8
57.	Aja Anderson	38 f	19:56	10:42	34.4	51.0
58.	Ajay Hande	14 m	20:04	10:46	34.7	47.5
59.	Abhiman Hande	51 m	20:06	10:47	34.7	48.1
60.	Owen Henson	11 m	20:15	10:52	35.0	50.9
61.	Sharon Hirsch	70 f	20:20	10:54	35.1	64.5
62.	William Bilyeu	37 m	20:22	10:56	35.2	43.8
63.	Michelle Min	24 f	20:46	11:08	35.9	47.5
64.	David Zhou	47 m	21:03	11:18	36.4	44.7
65.	Nathan Tang	18 m	21:11	11:22	36.6	42.4
66.	Chunying Zhou	47 f	21:17	11:25	36.8	50.1
67.	Tao Qu	50 m	21:22	11:28	36.9	45.0
68.	Andy Han	7 m	21:26	11:30	37.0	57.1
69.	Karen Hui	48 f	21:26	11:30	37.0	50.1
70.	William Binns	65 m	21:54	11:45	37.8	50.0
71.	Michael Picard	72 m	22:03	11:50	38.1	53.7
72.	Fred Schwall	73 m	22:19	11:58	38.6	53.8
73.	Elise Harper	56 f	22:33	12:06	39.0	50.6
74.	Emily Liu	63 f	22:39	12:09	39.1	53.7
75.	Alan Davis	80 m	22:59	12:20	39.7	57.4
76.	Bob Winata	47 m	22:59	12:20	39.7	41.0
77.	Tiffany Tang	28 f	24:26	13:06	42.2	40.3
78.	Wessam Afifi	38 m	25:21	13:36	43.8	35.4
79.	Dianella Rodriguez	22 f	25:39	13:46	44.3	38.6
80.	Naireth Camacho	33 f	25:41	13:47	44.4	38.8
81.	Daniel Turner	39 m	27:07	14:33	46.8	33.2
82.	Jack Turner	8 m	27:08	14:33	46.9	42.9
83.	Andi Miner	80 f	28:08	15:06	48.6	53.2
84.	Velmaris Rodriguez	51 f	28:32	15:18	49.3	38.4
85.	Kyung Min	63 m	29:05	15:36	50.2	36.9

86.	Julie Bilyeu	35 f	30:40	16:27	53.0	32.7
87.	Janet Collins	78 f	30:52	16:34	53.3	47.1
88.	Ed Humphrey	73 m	31:09	16:43	53.8	38.5
89.	James Gabhart	83 m	32:14	17:17	55.7	42.8
90.	Heidi Orton	57 f	33:34	18:00	58.0	34.3
91.	Von Ensley	49 f	34:38	18:35	59.8	31.2
92.	Nicholas Alexander	24 m	34:39	18:35	59.9	25.1
93.	Nancy Cole	83 f	42:03	22:33	72.6	37.2
94.	William Swafford	73 m	55:12	29:37	95.4	21.7

Plano Pacers 8K Results---Saturday, April 26, 2025

			FinTime	Pace	5Keq	Score
1.	Francisco Adame	51 m	30:38	6:10	18.5	90.3
2.	Samuel Yang	31 m	32:05	6:27	19.4	77.8
3.	Ronny Lefebvre	53 m	32:09	6:28	19.4	87.3
4.	Guillermo Toral	53 m	32:29	6:32	19.6	86.4
5.	Jeff Fahrenholz	41 m	32:46	6:35	19.8	79.3
6.	Peter Yun	44 m	32:50	6:36	19.9	80.5
7.	David Lopez	36 m	33:09	6:40	20.0	76.6
8.	Greg Rankin	58 m	33:17	6:42	20.1	87.9
9.	Konner Hartman	32 m	35:21	7:07	21.4	70.8
10.	Jose Cruz	58 m	35:55	7:14	21.7	81.4
11.	Maria Cruz	54 f	36:31	7:21	22.1	87.8
12.	Nick Polito	56 m	36:40	7:23	22.2	78.4
13.	Richard Bennett	34 m	36:49	7:24	22.3	68.4
14.	Yong Wang	57 m	36:49	7:24	22.3	78.7
15.	Karter Kekuna	15 m	36:58	7:26	22.4	72.3
16.	Taisong He	34 m	37:30	7:33	22.7	67.2
17.	Andy Li	42 m	38:19	7:42	23.2	68.2
18.	Ron Wahlquist	67 m	38:55	7:50	23.5	82.1
19.	Xiaolu Cui	42 f	39:06	7:52	23.6	75.7
20.	Clayre Turner	40 f	39:29	7:57	23.9	74.2
21.	Serge Reshetnikov	39 m	39:51	8:01	24.1	64.6
22.	Kenneth Posner	61 m	39:54	8:02	24.1	75.3
23.	Jim Brown	65 m	40:20	8:07	24.4	77.5
24.	Vivek Mayavoo	43 m	40:25	8:08	24.4	65.0
25.	Yonghua Liu	54 m	40:54	8:14	24.7	69.2
26.	Trevor Olsen	27 m	41:03	8:15	24.8	60.5
27.	Shelby Olsen	29 f	41:10	8:17	24.9	68.5
28.	Jonathan Yates	41 m	41:22	8:19	25.0	62.8
29.	Luoyi Zhang	46 m	41:47	8:24	25.3	64.0
30.	Katie Krause	31 f	42:26	8:32	25.7	66.7
31.	Jim Cavanaugh	65 m	42:26	8:32	25.7	73.7
32.	Jack Zhou	11 m	42:28	8:33	25.7	69.4
33.	Daniel Breen	58 m	42:35	8:34	25.7	68.7
34.	Wen You	55 f	42:55	8:38	25.9	75.3
35.	Cary Sherf	72 m	43:36	8:46	26.4	77.7
36.	Leslie Du Mars	58 f	44:00	8:51	26.6	75.3
37.	Seth Randall	37 m	44:31	8:57	26.9	57.3
38.	Renee Spratlen	62 f	45:22	9:08	27.4	75.8
39.	Jerry Snead	53 m	45:30	9:09	27.5	61.7
40.	Ryan Cuzzo	47 m	45:40	9:11	27.6	58.9
41.	Rachel Grabow	41 f	46:15	9:18	28.0	63.7
42.	Charlene Johnson	53 f	46:19	9:19	28.0	68.7
43.	Linda Kelly	73 f	46:31	9:21	28.1	83.5
44.	Michelle Black	39 f	46:32	9:22	28.1	62.7
45.	Debbie Riedner	55 f	46:35	9:22	28.2	69.4
46.	Kyle Rubens	23 m	46:46	9:24	28.3	53.3
47.	Francesc McKissick	63 f	46:53	9:26	28.3	74.1
48.	Harris Krause	32 m	46:54	9:26	28.4	53.4
49.	Jeff Smith	64 m	47:57	9:39	29.0	64.5
50.	Day-Ruey Liu	66 m	48:19	9:43	29.2	65.4
51.	Fucheng Bi	10 m	48:23	9:44	29.3	63.1

52.	Hannah Lyons	35 f	49:00	9:51	29.6	58.5
53.	Adam Stam	54 m	49:24	9:56	29.9	57.3
54.	J. A. Brown	78 m	49:45	10:00	30.1	73.7
55.	Doug Waters	60 m	50:56	10:15	30.8	58.5
56.	Aleigh Lopez	37 f	51:41	10:24	31.3	55.9
57.	Bruce Brandeland	71 m	51:42	10:24	31.3	64.7
58.	Heather Zeiger	44 f	52:07	10:29	31.5	57.5
59.	Ryan Pogue	53 m	52:37	10:35	31.8	53.3
60.	William Liu	24 m	52:59	10:40	32.0	46.9
61.	Sarah Oberascher	35 f	53:25	10:45	32.3	53.7
62.	James Drumm	67 m	54:24	10:57	32.9	58.7
63.	Abby Johnson	23 f	54:27	10:57	32.9	51.8
64.	Audrey Stansbury	62 f	54:45	11:01	33.1	62.8
65.	Latoya Appiah	38 f	54:50	11:02	33.2	52.9
66.	Alicia Saueressig	33 f	54:59	11:04	33.2	51.8
67.	Chanakya Kasp	38 m	55:22	11:08	33.5	46.3
68.	Laxmi Kukkadapu	39 m	55:53	11:15	33.8	46.0
69.	Bruce Johnson	77 m	57:44	11:37	34.9	62.6
70.	Lindy Hardin	52 f	59:00	11:52	35.7	53.5
71.	Phil Murch	68 m	59:23	11:57	35.9	54.4
72.	Laura Poskozim Chudy	46 f	59:40	12:00	36.1	50.8
73.	Sachi Nayak	24 f	1:02:13	12:31	37.6	45.3
74.	Ross Isenberg	36 m	1:04:05	12:53	38.7	39.6
75.	Joe Musso	36 m	1:04:06	12:54	38.8	39.6
76.	Wally Capps	84 m	1:05:45	13:14	39.8	60.9
77.	Gretchen Breen	60 f	1:06:29	13:22	40.2	50.8
78.	Rica Torres	39 f	1:06:30	13:23	40.2	43.8
79.	Debye Humphrey	71 f	1:12:01	14:29	43.5	52.6
80.	Dennis Chupp	67 m	1:12:26	14:34	43.8	44.1
81.	Sui Ruan	51 f	1:12:59	14:41	44.1	42.9
82.	Tonya Holt	57 f	1:18:11	15:44	47.3	42.0
83.	John Kramer	63 m	1:40:32	20:13	60.8	30.5

Plano Pacers Jr. Sprint (0.6213 miles) Results---Saturday, April 26, 2025

			FinTime	Pace	5Keq	Score
1.	Joel Shulman	8 m	4:12	6:46	24.8	81.0
2.	Griffin Smith	8 m	4:24	7:05	26.0	77.3
3.	Alec Bass	11 m	4:37	7:26	27.3	65.3
4.	Arthur LaPointe	10 m	4:43	7:35	27.9	66.2
5.	Andy Han	7 m	4:58	8:00	29.4	72.1
6.	Michael Giep	10 m	5:00	8:03	29.5	62.5
7.	Ana Nguyen	9 f	5:08	8:16	30.3	71.7
8.	Ruah Shulman	4 f	5:20	8:35	31.5	92.1
9.	Finn Whitten	9 m	5:29	8:50	32.4	59.3
10.	Eva Shulman	6 f	5:30	8:51	32.5	78.1
11.	Remi Smith	5 f	5:45	9:15	34.0	79.6
12.	Wilder McLaughlin	7 m	7:16	11:42	42.9	49.2
13.	Isabella LaPointe	5 f	7:25	11:56	43.8	61.7
14.	Madison Lyons	5 f	7:27	11:59	44.0	61.4
15.	Jack Turner	8 m	9:54	15:56	58.5	34.3
16.	Wesley Turner	10 m	10:29	16:52	62.0	29.8
17.	Owen Bilyeu	3 m	12:09	19:33	71.8	38.5
18.	Anika Rathre	2 f	17:10	27:38	101.4	33.6
19.	Adira Krause	2 f	18:14	29:21	107.7	31.6
* 20.	Atticus Smith	3 m	7:14	11:39	42.7	64.7
* 21.	Micah Lange	3 m	12:17	19:46	72.6	38.1

* Stroller-aided

New Records:

Jim Dietz, 3K Male 65-69, 10:21 (previous record: Bill Shaw, 11:34, 04/08)

LEGEND

Left-to-right: finish place, name, hometown, age, sex, member?
FinTime is the official individual finish time in (h:)mm:ss format.
Pace is the calculated average pace per mile in mm:ss format.
5Keq is the equivalent 5K finish time in minutes and tenths.
Score is a performance grade with factors for age and sex.

KEY TO AGE-GRADED SCORES

100+	National class
90-99	Local elite
80-89	Local competitor
70-79	Above average
50-69	Near average
40-49	Below average
30-39	Walker or Novice

Kids K Volunteers

Chris Brewer
Debbie Brewer
Jim Gabhart
Andrea Nguyen
Ron Wahlquist