

Plano Pacers Spring Scamper 5K, 10K, & Jr. Sprint

at Bob Woodruff Park, Plano, TX
Saturday March 27, 2021

5K TOP FINISHERS

MEN		WOMEN			
1	Gavin Gajraj	18:09	1 Elizabeth James	18:46	
2	Joseph Uc	18:45	2 Valerie Witmer	19:29	
3	Charles James	19:05	3 Andrea Hudson Baldwin	23:35	
4	Danny Monistere	20:53	4 Sarina Bands	25:13	
5	Shawn McCawley	21:13	5 Jie Wang	25:27	
6	Scott Overmann	21:28	6 Maria Moore	25:33	
7	Cristian Bedoya	21:38	7 Hongjian Li	25:45	
8	Guillermo Toral	23:06	8 Alejandra Baeza	26:17	
9	Fred Ellefson	23:23	9 Leslie Smith-Dumars	26:25	
10	Marc Zimmerman	23:39	10 Morgan Johnson	26:28	
Overall:	Gavin Gajraj	18:09	Overall:	Elizabeth James	18:46
Master:	Danny Monistere	20:53	Master:	Valerie Witmer	19:29
Senior:	Fred Ellefson	23:23	Senior:	Andrea Hudson Baldwin	23:35
			9-un:	Grace Stclair	48:29
10-14:	Cristian Bedoya	21:38	10-14:	Sarina Bands	25:13
	Nathan Nguyen	30:15		Alina Nguyen	30:34
	Yuanben Zhang	38:27		Victoria Hernandez	31:58
15-19:	Joseph Uc	18:45	15-19:	Noelani Stclair	34:41
20-24:	Joseph Jonathan Hiponia	28:44	20-24:	Trinh Nguyen	30:32
			25-29:	Morgan Johnson	26:28
				Claudia Lopez	30:24
				Kayla Curiel	33:25
30-34:	Charles James	19:05	30-34:	Andrea Lopez	29:35
	James Vo	26:28		Vanessa Balderas	31:19
35-39:	Anthony Curiel	33:24	35-39:	Anahi Alvarez	30:48
				Emily Haluska	34:41
				Cherie Marquez	37:01
40-44:	Shawn McCawley	21:13	40-44:	Alejandra Baeza	26:17
	Jonathan Stclair	48:31		Linzy McCawley	36:38
45-49:	Scott Overmann	21:28	45-49:	Jie Wang	25:27
	Guillermo Toral	23:06		Kiran Dasani	40:47
	Meng Zhao	25:26		Nancy Nguyen	42:42
			50-54:	Leslie Smith-Dumars	26:25
				Tonya Brown	29:32
				Tammy Eppler	32:59
55-59:	Alan Kaplan	23:54	55-59:	Hongjian Li	25:45
	Vijayan Nair	25:22		Martha Kuhlman	40:15
	Song Wu	29:30		Emily Liu	44:53
60-64:	Marc Zimmerman	23:39	60-64:	Maria Moore	25:33
				Ginger Steinmetz	31:15
				Lynne Najera	43:33

65-69:	Bruce Brandeland Sigi Diaz Thomas Conlon	26:52 27:42 29:02	65-69:	Terry Gonzalez Jerri Hixson	30:24 34:22
70-74:	J. A. Brown Alfred Wilkinson Steve Shopoff	29:31 36:12 38:10	70-74:	Jeanne Pitz	1:08:24
75-79:	Bill Shirley Alan Davis James Gabhart	31:45 40:37 41:22	75-79:	Andi Miner Nancy Lowden	31:43 47:41
80-ov:	Will Ferson Charles Warner James Thruston	39:45 39:56 44:41	80-ov:	Bettye Haynes	47:57
Clydes:	Timothy Davis	29:58			

10K TOP FINISHERS

MEN		WOMEN			
1	Jose Lopez	37:50	1 Tina-Mari Meyer	42:42	
2	Felix Gonzalez	37:53	2 Marla Maupin	48:17	
3	Francisco Adame	37:54	3 Linda Kelly	49:42	
4	Derk Wadas	39:22	4 Xiaolu Cui	52:19	
5	Joseph Cervantez	41:17	5 Heather Zeiger	1:00:40	
6	Jason Bogardus	41:53	6 Sunao Saito	1:01:08	
7	Mark Miller	42:59	7 Emily Wyatt	1:04:57	
8	Rick Nguyen	44:29	8 Debbie Riedner	1:05:00	
9	Johnny Chen	44:32	9 Gowa Borzigin	1:08:43	
10	Michael Cagle	45:49	10 Tina Jasper	1:12:40	
Overall:	Jose Lopez	37:50	Overall:	Tina-Mari Meyer	42:42
Master:	Felix Gonzalez	37:53	Master:	Marla Maupin	48:17
Senior:	Steve Russo	47:14	Senior:	Linda Kelly	49:42
15-19:	Wesley Liu	1:07:01			
25-29:	Paul Cheng Santhosh Pendkar	49:37 1:22:32			
35-39:	Joseph Cervantez David Evan Zeiger	41:17 55:11	35-39:	Xiaolu Cui Emily Wyatt Fabiola Rodriguez	52:19 1:04:57 1:20:37
40-44:	Jason Bogardus Mark Miller Jonathan Szeto	41:53 42:59 56:02	40-44:	Heather Zeiger	1:00:40
45-49:	Francisco Adame Derk Wadas Rick Nguyen	37:54 39:22 44:29	45-49:	Chauncey Eastes Amy Long	1:35:56 1:35:58
50-54:	Johnny Chen Michael Cagle Pingshan Wen	44:32 45:49 49:53	50-54:	Debbie Riedner	1:05:00
55-59:	Tom Greenwald L Chen Jesse Puentes	47:44 52:00 56:12	55-59:	Gowa Borzigin Tina Jasper	1:08:43 1:12:40

60-64:	Day-Ruey Liu	54:54			
	Jeff Smith	57:09			
	Jon M Johnson	57:12			
65-69:	Cary Sherf	53:54	65-69:	Sunao Saito	1:01:08
				Debye Humphrey	1:17:52
70-74:	Mike Fields	51:17			
	Robert Benson	55:51			
	Michael Zinn	1:04:15			
Clydes:	Jay Robbins	48:06			
	Ed Humphrey	1:28:44			
	William Swafford	1:38:39			

JR. SPRINT (0.6213 mi) TOP FINISHERS

BOYS 0-6		GIRLS 0-6			
		1	Charlotte Booker	5:48	
		2	Ana Nguyen	7:40	
BOYS 7-9		GIRLS 7-9			
1	Max Davis	4:48	1	Olivia Booker	5:16
2	Luke Nguyen	5:38	2	McKinley Maupin	6:47
BOYS 10-12		GIRLS 10-12			

Plano Pacers 5K Results---Saturday, March 27, 2021

		FinTime	Pace	5Keq	Score	
1.	Gavin Gajraj	18 m	18:09	5:51	18.1	85.5
2.	Joseph Uc	15 m	18:45	6:02	18.7	86.2
3.	Elizabeth James	31 f	18:46	6:02	18.8	91.2
4.	Charles James	31 m	19:05	6:09	19.1	79.1
5.	Valerie Witmer	44 f	19:29	6:16	19.5	92.9
6.	Danny Monistere	56 m	20:53	6:43	20.9	83.2
7.	Shawn McCawley	44 m	21:13	6:50	21.2	75.3
8.	Scott Overmann	47 m	21:28	6:55	21.5	75.8
9.	Cristian Bedoya	12 m	21:38	6:58	21.6	79.9
10.	Guillermo Toral	49 m	23:06	7:26	23.1	71.4
11.	Fred Ellefson	61 m	23:23	7:32	23.4	77.7
12.	Andrea Hudson Baldwin	61 f	23:35	7:35	23.6	87.3
13.	Marc Zimmerman	61 m	23:39	7:37	23.6	76.8
14.	Alan Kaplan	57 m	23:54	7:42	23.9	73.3
15.	Sarina Bands	13 f	25:13	8:07	25.2	75.7
16.	Vijayan Nair	58 m	25:22	8:10	25.4	69.7
17.	Meng Zhao	46 m	25:26	8:11	25.4	63.6
18.	Jie Wang	46 f	25:27	8:11	25.4	72.0
19.	Maria Moore	60 f	25:33	8:13	25.5	79.9
20.	Hongjian Li	55 f	25:45	8:17	25.7	75.9
21.	Alejandra Baeza	40 f	26:17	8:28	26.3	67.4
22.	Leslie Smith-Dumars	54 f	26:25	8:30	26.4	73.4
23.	James Vo	30 m	26:28	8:31	26.5	56.9
24.	Morgan Johnson	25 f	26:28	8:31	26.5	64.3
25.	Bruce Brandeland	67 m	26:52	8:39	26.9	71.9
26.	Sigi Diaz	67 m	27:42	8:55	27.7	69.7
27.	Joseph Jonathan Hiponia	21 m	28:44	9:15	28.7	52.8
28.	Thomas Conlon	68 m	29:02	9:21	29.0	67.3
29.	Song Wu	55 m	29:30	9:30	29.5	58.4
30.	J. A. Brown	73 m	29:31	9:30	29.5	70.2
31.	Tonya Brown	51 f	29:32	9:30	29.5	64.2
32.	Andrea Lopez	31 f	29:35	9:31	29.6	57.9
33.	Timothy Davis	59 m	29:58	9:39	30.0	59.5

34.	Nathan Nguyen	13 m	30:15	9:44	30.2	55.7
35.	Claudia Lopez	27 f	30:24	9:47	30.4	55.9
36.	Terry Gonzalez	66 f	30:24	9:47	30.4	71.2
37.	Trinh Nguyen	23 f	30:32	9:50	30.5	55.9
38.	Alina Nguyen	12 f	30:34	9:50	30.6	64.1
39.	Anahi Alvarez	38 f	30:48	9:55	30.8	57.0
40.	Ginger Steinmetz	60 f	31:15	10:03	31.2	65.3
41.	Abhiman Hande	46 m	31:18	10:04	31.3	51.7
42.	Vanessa Balderas	33 f	31:19	10:05	31.3	55.0
43.	Andi Miner	76 f	31:43	10:13	31.7	77.0
44.	Bill Shirley	77 m	31:45	10:13	31.7	68.8
45.	Victoria Hernandez	12 f	31:58	10:17	32.0	61.3
46.	Tammy Eppler	54 f	32:59	10:37	33.0	58.8
47.	Anthony Curiel	36 m	33:24	10:45	33.4	46.0
48.	Kayla Curiel	27 f	33:25	10:45	33.4	50.9
49.	Jerri Hixson	67 f	34:22	11:04	34.4	63.7
50.	Noelani Stclair	17 f	34:41	11:10	34.7	51.3
51.	Emily Haluska	35 f	34:41	11:10	34.7	50.0
52.	Scarlett Duke	14 f	35:55	11:34	35.9	52.0
53.	Alfred Wilkinson	73 m	36:12	11:39	36.2	57.3
54.	Stacy Dixon	54 f	36:23	11:43	36.4	53.3
55.	Linzy McCawley	44 f	36:38	11:47	36.6	49.4
56.	Cherie Marquez	39 f	37:01	11:55	37.0	47.6
57.	Steve Shopoff	74 m	38:10	12:17	38.2	55.0
58.	Yuanben Zhang	11 m	38:27	12:23	38.4	46.3
59.	Aarush Dasani	14 m	39:35	12:44	39.6	41.6
60.	Will Ferson	81 m	39:45	12:48	39.7	58.2
61.	Charles Warner	80 m	39:56	12:51	39.9	57.1
62.	Martha Kuhlman	56 f	40:15	12:57	40.2	48.9
63.	Alan Davis	76 m	40:37	13:04	40.6	53.1
64.	Alok Jena	49 m	40:45	13:07	40.7	40.5
65.	Kiran Dasani	46 f	40:47	13:08	40.8	44.9
66.	James Gabhart	79 m	41:22	13:19	41.4	54.3
67.	Sophia Nguyen	11 f	42:42	13:45	42.7	47.3
68.	Nancy Nguyen	45 f	42:42	13:45	42.7	42.7
69.	Lynne Najera	63 f	43:33	14:01	43.5	48.2
70.	James Thruston	83 m	44:41	14:23	44.7	53.4
71.	Emily Liu	58 f	44:53	14:27	44.9	44.6
72.	Ann Gadberry	61 f	45:09	14:32	45.1	45.6
73.	Tina Compton	50 f	45:10	14:32	45.2	41.7
74.	Ken Ashby	68 m	45:16	14:34	45.3	43.2
75.	Nancy Lowden	79 f	47:41	15:21	47.7	53.4
76.	Marvin Dubois	74 m	47:45	15:22	47.7	44.0
77.	Bettye Haynes	83 f	47:57	15:26	47.9	56.4
78.	Grace Stclair	6 f	48:29	15:36	48.5	52.4
79.	Jonathan Stclair	43 m	48:31	15:37	48.5	32.7
80.	Jeanne Pitz	70 f	1:08:24	22:01	68.4	33.1

Plano Pacers 10K Results---Saturday, March 27, 2021

			FinTime	Pace	5Keq	Score
1.	Jose Lopez	35 m	37:50	6:05	18.0	84.9
2.	Felix Gonzalez	42 m	37:53	6:06	18.0	87.6
3.	Francisco Adame	47 m	37:54	6:06	18.0	90.1
4.	Derk Wadas	49 m	39:22	6:20	18.7	87.9
5.	Joseph Cervantez	35 m	41:17	6:39	19.7	77.8
6.	Jason Bogardus	43 m	41:53	6:44	19.9	79.6
7.	Tina-Mari Meyer	33 f	42:42	6:52	20.3	84.6
8.	Mark Miller	43 m	42:59	6:55	20.5	77.6
9.	Rick Nguyen	48 m	44:29	7:10	21.2	77.3
10.	Johnny Chen	52 m	44:32	7:10	21.2	79.4
11.	Michael Cagle	54 m	45:49	7:22	21.8	78.4
12.	Steve Russo	57 m	47:14	7:36	22.5	77.9
13.	Tom Greenwald	58 m	47:44	7:41	22.7	77.8

14.	Jay Robbins	49 m	48:06	7:44	22.9	72.0
15.	Marla Maupin	48 f	48:17	7:46	23.0	80.7
16.	Paul Cheng	28 m	49:37	7:59	23.6	63.6
17.	Linda Kelly	69 f	49:42	8:00	23.7	94.6
18.	Chad Kaneshige	45 m	49:43	8:00	23.7	67.9
19.	Pingshan Wen	54 m	49:53	8:02	23.8	72.0
20.	Mike Fields	70 m	51:17	8:15	24.4	81.9
21.	L Chen	55 m	52:00	8:22	24.8	69.6
22.	Xiaolu Cui	38 f	52:19	8:25	24.9	70.4
23.	Todd Griffith	46 m	53:51	8:40	25.6	63.0
24.	Cary Sherf	68 m	53:54	8:40	25.7	76.1
25.	Day-Ruey Liu	62 m	54:54	8:50	26.1	70.2
26.	David Evan Zeiger	39 m	55:11	8:53	26.3	59.2
27.	Robert Benson	71 m	55:51	8:59	26.6	76.1
28.	Jonathan Szeto	44 m	56:02	9:01	26.7	59.9
29.	Luoyi Zhang	42 m	56:07	9:02	26.7	59.1
30.	Jesse Puentes	57 m	56:12	9:03	26.8	65.5
31.	Jeff Smith	60 m	57:09	9:12	27.2	66.1
32.	Jon M Johnson	63 m	57:12	9:12	27.2	68.0
33.	Ray Makasi	40 m	1:00:13	9:41	28.7	54.5
34.	Heather Zeiger	40 f	1:00:40	9:46	28.9	61.3
35.	Sunao Saito	66 f	1:01:08	9:50	29.1	74.4
36.	Shungo Saito	62 m	1:02:25	10:03	29.7	61.7
37.	Michael Zinn	73 m	1:04:15	10:20	30.6	67.8
38.	Emily Wyatt	38 f	1:04:57	10:27	30.9	56.7
39.	Debbie Riedner	51 f	1:05:00	10:28	31.0	61.2
40.	Wesley Liu	19 m	1:07:01	10:47	31.9	48.2
41.	Gowa Borzigin	55 f	1:08:43	11:04	32.7	59.7
42.	Andy Beach	63 m	1:10:26	11:20	33.5	55.2
43.	Tina Jasper	57 f	1:12:40	11:42	34.6	57.4
44.	Debye Humphrey	66 f	1:17:52	12:32	37.1	58.4
45.	Bob Luchsinger	71 m	1:17:52	12:32	37.1	54.6
46.	Fabiola Rodriguez	37 f	1:20:37	12:58	38.4	45.5
47.	Santhosh Pendkar	29 m	1:22:32	13:17	39.3	38.3
48.	Marcus Wertz	73 m	1:23:30	13:26	39.8	52.1
49.	Ed Humphrey	69 m	1:28:44	14:17	42.3	46.8
50.	Chauncey Eastes	45 f	1:35:56	15:26	45.7	39.9
51.	Amy Long	49 f	1:35:58	15:27	45.7	40.9
52.	William Swafford	69 m	1:38:39	15:53	47.0	42.1

Plano Pacers Jr. Sprint (0.6213 miles) Results---Saturday, March 27, 2021

			FinTime	Pace	5Keq	Score
1.	Max Davis	8 m	04:48	7:44	28.4	70.8
2.	Olivia Booker	7 f	5:16	8:29	31.1	77.0
3.	Luke Nguyen	8 m	5:38	9:04	33.3	60.4
4.	Ian Davis	8 m	5:46	9:17	34.1	59.0
5.	Charlotte Booker	6 f	5:48	9:20	34.3	74.1
6.	McKinley Maupin	7 f	6:47	10:55	40.1	59.8
7.	Ana Nguyen	5 f	7:40	12:20	45.3	59.7

New Records:

None

LEGEND

Left-to-right: finish place, name, hometown, age, sex, member?
 FinTime is the official individual finish time in (h:)mm:ss format.
 Pace is the calculated average pace per mile in mm:ss format.
 5Keq is the equivalent 5K finish time in minutes and tenths.
 Score is a performance grade with factors for age and sex.

KEY TO AGE-GRADED PERFORMANCE SCORES

100 +	national competitor
90-99	regional competitor
80-89	local competitor
70-79	above average
60-69	near average
50-59	below average
40-49	novice runner
30-39	fitness walker

Kids K Volunteers

Jim Gabhart
Bettye Haynes
Ron Wahlquist