

# Plano Pacers Boo Scoot 5K, 10K, & Jr. Sprint

at Bob Woodruff Park, Plano, TX  
Saturday October 28, 2023

5K TOP FINISHERS

	MEN		WOMEN	
	1 Kevin Glover	20:01	1 Kherington Glover	24:54
	2 Fernando H Garcia	20:29	2 Olivia Ritchey	24:57
	3 Mark Josephson	21:04	3 Erin Glover	30:41
	4 Ron Wahlquist	22:46	4 Terry Gonzalez	31:51
	5 Mark Miller	22:55	5 Debbie Brewer	31:58
	6 Gary Spence	23:31	6 Katy Dass	32:28
	7 Avoyce N Deether	23:41		
	8 Zachary Shirley	24:20		
	9 Patrick Williams	25:52		
	10 Shane Purser	25:56		
Overall:	Kevin Glover	20:01	Overall: Kherington Glover	24:54
Master:	Fernando H Garcia	20:29	Master: Terry Gonzalez	31:51
Senior:	Ron Wahlquist	22:46	Senior: Debbie Brewer	31:58
9-un:	Joshua Ma	32:35		
			10-14: Olivia Ritchey	24:57
30-34:	Zachary Shirley	24:20	30-34: Katy Dass	32:28
	Shane Purser	25:56		
35-39:	Thomas Broadfoot	28:53	35-39: Erin Glover	30:41
40-44:	Mark Josephson	21:04		
45-49:	Mark Miller	22:55		
50-54:	Avoyce N Deether	23:41		
	Patrick Williams	25:52		
	Luis Talavera	29:10		
55-59:	Gary Spence	23:31		
	Mark Simon	29:09		
70-74:	Kenny Gardner	30:10		
75-79:	Herb Armstrong	30:35		
	Stephen Brown	36:11		
	Alan Davis	39:09		
Clydes:	Dennis Chupp	43:52		
	William Swafford	52:41		

## 10K TOP FINISHERS

MEN		WOMEN			
1	Gavin Gajraj	38:49	1 Gwen Li	48:40	
2	Felix Gonzalez	39:53	2 Shaorong Chang	49:43	
3	Ray Nichols	41:25	3 Martina Crevecoeur	50:24	
4	Jason Bogardus	41:47	4 Stephanie Bache	51:02	
5	Nick Blachly	43:12	5 Cheyenne Meyer	53:46	
6	Charles James	44:10	6 Frances McKissick	57:21	
7	Andy Wheatcroft	44:58	7 Sarah Crystal	1:00:53	
8	O'neal Barnett	45:40	8 Jenna Charron	1:06:47	
9	Bob Smeby	45:47	9 Andrea Shelley	1:06:48	
10	John Cosentino	47:35	10 Jamie Fosler	1:14:00	
Overall:	Gavin Gajraj	38:49	Overall:	Gwen Li	48:40
Master:	Felix Gonzalez	39:53	Master:	Shaorong Chang	49:43
Senior:	Andy Wheatcroft	44:58	Senior:	Martina Crevecoeur	50:24
9-un:	Miles Fosler	1:13:56			
25-29:	Nick Blachly	43:12			
30-34:	Charles James	44:10	30-34:	Cheyenne Meyer	53:46
	David Recker	52:23		Sarah Crystal	1:00:53
35-39:	Eric Braithwaite	52:09	35-39:	Jenna Charron	1:06:47
				Jamie Fosler	1:14:00
40-44:	Ray Nichols	41:25	40-44:	Andrea Shelley	1:06:48
	Brad Baheri	1:01:51			
45-49:	Jason Bogardus	41:47	45-49:	Stephanie Bache	51:02
	O'neal Barnett	45:40			
	Cesar Cruz	51:37			
55-59:	Furrukh Fahim	1:17:56			
60-64:	John Cosentino	47:35	60-64:	Frances McKissick	57:21
	Stephen Russo	49:48			
	Jim Cavanaugh	51:23			
65-69:	Bob Smeby	45:47			
	James Drumm	59:14			
	Andy Beach	1:05:32			
70-74:	Cary Sherf	56:02			
	Ken Ashby	1:26:46			
80-84:	Wally Capps	1:16:03			

## JR. SPRINT (0.6213 mi) TOP FINISHERS

BOYS 0-6		GIRLS 0-6	
1	Wilder McLaughlin		
BOYS 7-9		GIRLS 7-9	
BOYS 10-12		GIRLS 10-12	

Plano Pacers 5K Results---Saturday, October 28, 2023

			<b>FinTime</b>	<b>Pace</b>	<b>5Keq</b>	<b>Score</b>
1.	<a href="#">Kevin Glover</a>	12 m	20:01	6:27	20.0	86.4
2.	<a href="#">Fernando H Garcia</a>	46 m	20:29	6:36	20.5	78.9
3.	<a href="#">Mark Josephson</a>	40 m	21:04	6:47	21.1	74.2
4.	<a href="#">Ron Wahlquist</a>	65 m	22:46	7:20	22.8	83.1
5.	<a href="#">Mark Miller</a>	45 m	22:55	7:23	22.9	70.1
6.	<a href="#">Gary Spence</a>	56 m	23:31	7:34	23.5	73.9
7.	<a href="#">Avoyce N Deether</a>	52 m	23:41	7:37	23.7	71.1
8.	<a href="#">Zachary Shirley</a>	33 m	24:20	7:50	24.3	62.4
9.	<a href="#">Kherington Glover</a>	14 f	24:54	8:01	24.9	75.0
10.	<a href="#">Olivia Ritchey</a>	14 f	24:57	8:02	24.9	74.8
11.	<a href="#">Patrick Williams</a>	53 m	25:52	8:20	25.9	65.6
12.	<a href="#">Shane Purser</a>	31 m	25:56	8:21	25.9	58.2
13.	<a href="#">Thomas Broadfoot</a>	36 m	28:53	9:18	28.9	53.2
14.	<a href="#">Mark Simon</a>	58 m	29:09	9:23	29.1	60.7
15.	<a href="#">Luis Talavera</a>	53 m	29:10	9:23	29.2	58.2
16.	<a href="#">Kenny Gardner</a>	71 m	30:10	9:43	30.2	67.1
17.	<a href="#">Herb Armstrong</a>	75 m	30:35	9:51	30.6	69.6
18.	<a href="#">Erin Glover</a>	39 f	30:41	9:53	30.7	57.5
19.	<a href="#">Terry Gonzalez</a>	69 f	31:51	10:15	31.8	70.3
20.	<a href="#">Debbie Brewer</a>	64 f	31:58	10:17	32.0	66.4
21.	<a href="#">Katy Dass</a>	34 f	32:28	10:27	32.5	53.2
22.	<a href="#">Joshua Ma</a>	9 m	32:35	10:29	32.6	58.9
23.	<a href="#">Stephen Brown</a>	77 m	36:11	11:39	36.2	60.4
24.	<a href="#">Alan Davis</a>	78 m	39:09	12:36	39.1	56.6
25.	<a href="#">Dennis Chupp</a>	66 m	43:52	14:07	43.9	43.6
26.	<a href="#">William Swafford</a>	71 m	52:41	16:57	52.7	38.4

Plano Pacers 10K Results---Saturday, October 28, 2023

			<b>FinTime</b>	<b>Pace</b>	<b>5Keq</b>	<b>Score</b>
1.	<a href="#">Gavin Gajraj</a>	20 m	0:38:49	6:15	18.5	82.6
2.	<a href="#">Felix Gonzalez</a>	44 m	0:39:53	6:25	19.0	84.1
3.	<a href="#">Ray Nichols</a>	41 m	0:41:25	6:40	19.7	79.7
4.	<a href="#">Jason Bogardus</a>	45 m	0:41:47	6:43	19.9	80.8
5.	<a href="#">Nick Blachly</a>	28 m	0:43:12	6:57	20.6	73.0
6.	<a href="#">Charles James</a>	34 m	0:44:10	7:06	21.0	72.4
7.	<a href="#">Andy Wheatcroft</a>	56 m	0:44:58	7:14	21.4	81.2
8.	<a href="#">O'neal Barnett</a>	49 m	0:45:40	7:21	21.7	75.8
9.	<a href="#">Bob Smeby</a>	67 m	0:45:47	7:22	21.8	88.6
10.	<a href="#">John Cosentino</a>	61 m	0:47:35	7:39	22.7	80.2
11.	<a href="#">Gwen Li</a>	52 f	0:48:40	7:50	23.2	82.4
12.	<a href="#">Shaorong Chang</a>	45 f	0:49:43	8:00	23.7	76.9
13.	<a href="#">Stephen Russo</a>	60 m	0:49:48	8:01	23.7	75.9
14.	<a href="#">Martina Crevecoeur</a>	60 f	0:50:24	8:07	24.0	85.0
15.	<a href="#">Stephanie Bache</a>	49 f	0:51:02	8:13	24.3	76.9
16.	<a href="#">Jim Cavanaugh</a>	63 m	0:51:23	8:16	24.5	75.7
17.	<a href="#">Cesar Cruz</a>	47 m	0:51:37	8:18	24.6	66.2
18.	<a href="#">Luoyi Zhang</a>	45 m	0:52:00	8:22	24.8	64.9
19.	<a href="#">Eric Braithwaite</a>	35 m	0:52:09	8:24	24.8	61.6
20.	<a href="#">David Recker</a>	34 m	0:52:23	8:26	24.9	61.1
21.	<a href="#">Cheyenne Meyer</a>	30 f	0:53:46	8:39	25.6	66.7
22.	<a href="#">Cary Sherf</a>	70 m	0:56:02	9:01	26.7	74.9
23.	<a href="#">Sridhar Rajagopal</a>	46 m	0:56:58	9:10	27.1	59.6
24.	<a href="#">Frances McKissick</a>	61 f	0:57:21	9:14	27.3	75.4
25.	<a href="#">James Drumm</a>	65 m	0:59:14	9:32	28.2	67.0
26.	<a href="#">Jeff Smith</a>	62 m	1:00:41	9:46	28.9	63.5
27.	<a href="#">Sarah Crystal</a>	32 f	1:00:53	9:48	29.0	59.2
28.	<a href="#">Brad Baheri</a>	41 m	1:01:51	9:57	29.5	53.3
29.	<a href="#">Andy Beach</a>	65 m	1:05:32	10:33	31.2	60.6
30.	<a href="#">Jenna Charron</a>	37 f	1:06:47	10:45	31.8	54.9
31.	<a href="#">Andrea Shelley</a>	41 f	1:06:48	10:45	31.8	56.0
32.	<a href="#">Miles Fosler</a>	8 m	1:13:56	11:54	35.2	57.1

33.	<a href="#">Jamie Fosler</a>	37 f	1:14:00	11:55	35.2	49.6
34.	<a href="#">Wally Capps</a>	83 m	1:16:03	12:14	36.2	65.9
35.	<a href="#">Furrukh Fahim</a>	59 m	1:17:56	12:33	37.1	48.1
36.	<a href="#">Ken Ashby</a>	71 m	1:26:46	13:58	41.3	49.0

**Plano Pacers Jr. Sprint (0.6213 miles) Results---Saturday, October 28, 2023**

			<b>FinTime</b>	<b>Pace</b>	<b>5Keq</b>	<b>Score</b>
1.	<a href="#">Wilder McLaughlin</a>	5 m	6:50	11:00	40.4	59.1

LEGEND

Left-to-right: finish place, name, hometown, age, sex, member?  
 FinTime is the official individual finish time in (h:)mm:ss format.  
 Pace is the calculated average pace per mile in mm:ss format.  
 5Keq is the equivalent 5K finish time in minutes and tenths.  
 Score is a performance grade with factors for age and sex.

KEY TO AGE-GRADED PERFORMANCE SCORES

100 +	national competitor
90-99	regional competitor
80-89	local competitor
70-79	above average
60-69	near average
50-59	below average
40-49	novice runner
30-39	fitness walker

Kids K Volunteers

Seth Randall  
 Debbie Brewer  
 Chris Brewer  
 Michelle Bouch  
 Steve Russo  
 Jeanmarie Holm  
 Gary Spence  
 Ron Wahlquist